



DTES Kitchen Tables Project Hires Outreach Workers

A lack of nutritious food is an issue that plagues those in the low-income community. Contributing to this are problems like limited variety in food lines, inadequate kitchen facilities, and the perception that healthy food is expensive. Potluck Café and Catering, in partnership with the Downtown Eastside Neighbourhood House, is trying to change misconceptions and introduce the facts about healthy eating to residents of the Downtown Eastside (DTES).



Kitchen Tables outreach workers at a training session.

Their plan is called the Kitchen Tables Project. It follows the Right to Food philosophy, which maintains that food is a basic human right and that every person deserves access to a good meal, regardless of income. The project entails developing food standards and guidelines, greening kitchens in the DTES, and creating better food distribution methods.

The Kitchen Tables Project has now hired an outreach team to educate and entertain people, all in the name of a healthier lifestyle. The team will be comprised of DTES residents, who will be trained to communicate their knowledge of food and health to different audiences. The outreach team will hold activities such as Food Jeopardy challenges and Movie & Smoothie nights, and perform street theatre.

BOB assisted the members of the Kitchen Tables Project with the hiring process. The Supported Employment Program will be offering the outreach workers the supports they need to stay on the job. We are very excited to follow this project as it moves into its next phase!

Will Allen Visits Vancouver's SOLEfood Farm



Will and the farmers at SOLEfood.

Celebrated farmer Will Allen and his organization, Growing Power, are a force in urban agriculture. Some BOB staff members had the opportunity to meet him at a Lunch and Learn at Potluck Catering while he was in Vancouver in January. Attendees learned about how Growing Power has blossomed into a center for urban agricultural education and training. Will also visited the SOLEfood farm and recognized its potential. He was impressed with the hard work of the SOLEfood farmers, several of whom participated in BOB's Supported Employment Program. We are so proud of their accomplishments!

New Job Postings

To apply for all opportunities, please visit www.bobics.org and look under 'HR Services'

Keyholder

Grand & Toy

General Labourer

Trimpac SYSCO

Intakes for the Cycleback Bicycle Repair program are still on-going.

February Events

SOLEfood Information Session—February 4

- Those with an interest in becoming an urban farmer are invited to learn more about SOLEfood's next farm and how they can get involved.

Chinese New Year Parade in Chinatown—February 6

- The BOB team will be participating again in this year's parade!

SHINE Supper—February 21

- All SEP clients, past and present, are welcome to join us for dinner at the BOB office! Please RSVP.

Congratulations to our employer partner, FROGBOX, on their successful deal on CBC's Dragon's Den!

