



Building Opportunities with Business

Supported Employment Program (SEP) Newsletter

September 2010

Success Story—David at Calabash Bistro

When David first came into BOB, he was just beginning his recovery from his battle with addiction. He heard about the H.A.V.E. Cafe Culinary Training program from the shelter he was staying at and he thought that this may lead to a new career and a fresh start.

David has now graduated the 8-week program, and credits H.A.V.E. as his source of support during the first months of his recovery: "I learned so much stuff at H.A.V.E.! I am so glad I went there because I never knew I would like cooking so much!"

David has been selected to be one of five participants who will receive a full scholarship to attend VCC's Culinary Arts Program in the fall of 2010. He received this award because he has remained dedicated to making a positive change in his life as well as inspiring others on their own paths to recovery with his great attitude.



David at the BOB office

BOB has connected David to employment at Calabash Bistro, a new restaurant which serves Caribbean food in the Downtown Eastside. "I really like working there because everyone there is family. I get along with everyone and I get paid doing what I like. I got my job, got my schooling coming up, there is nothing more I can want! Life really is falling back into one piece for me again!"

Employer Profile—Calabash Bistro



Calabash Bistro was a long-time dream of owners Sam Wilcocks, Roger Collins, and Cullin David that has finally come to fruition. They envisioned a restaurant that embodied a laid-back Caribbean island vibe while creating a meaningful experience for visitors.

Located on Carrall St. between Hastings and Pender, Calabash serves delicious Caribbean and West Indian fusion cuisine in their dining room upstairs, and provides an intimate live music venue and gallery space downstairs. BOB has worked with Calabash to find jobs for three clients so far and the owners continue to be committed to hiring locally. Be sure to check them out: Calabash is open Sunday to Thursday from 5pm until late, and Friday and Saturday from 5pm to 2am.

www.calabashbistro.com/

Urban Farming Workshops at Downtown Eastside Neighbourhood House

This month, BOB and the Downtown Eastside Neighbourhood House are proud to present a series of workshops on growing your own food in the city. After an initial session for SOLEfood farmers, public workshops will be held every Thursday and Saturday from 12-2pm starting September 16th. Topics to be discussed will include the Right to Food movement, composting, and preparing your garden for the impending winter months. A representative from the Environmental Youth Alliance will speak about their current initiatives on September 30. To learn more, drop by SOLEfood at Hastings and Hawks or call (604) 937-1601.

New Job Postings

To apply for all opportunities, please visit www.bobics.org and look under 'HR Services'

Guest Services

Edgewater Casino

Custodian/Maintenance Person

Firehall Arts Centre

Bistro Server

Edgewater Casino

Intakes for the H.A.V.E. Culinary Training and Cycleback Bicycle Repair programs are still on-going

September Events

Building Services Industry Night— September 16, 4-6pm

- Hear from companies looking to hire and find out more information about our training program

Building Services Training— September 20-25

- All graduates will learn valuable skills and have an interview with our partnering business

SHINE Dinner—September 20

- All clients are welcome to join us for dinner at the BOB office

Welcome Lauren!

Lauren began working as SEP Assistant full-time this month!



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